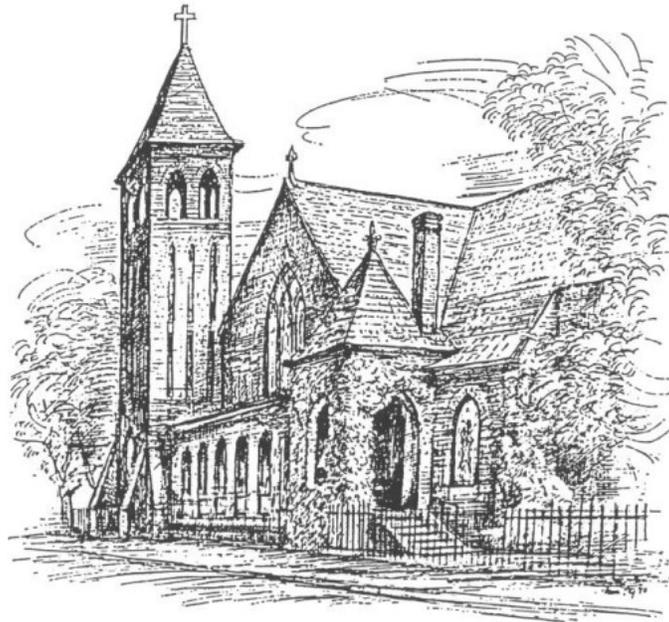




Emmanuel
EPISCOPAL CHURCH
STAUNTON VA

THE
Episcopal
CHURCH



HOLY EUCHARIST

RITE II

March 8, 2026

10:30am

The Third Sunday in Lent

bringing **People&God** together

SPIRITUAL • INCLUSIVE • ENGAGED • COMPASSIONATE

WELCOME - BIENVENIDO
to Emmanuel Episcopal Church

Whether you're new here, visiting us for the first time,
or the first time in a long time, **you are welcome here.**

**Please complete our Welcome Register
by scanning this QR code**



LAND ACKNOWLEDGEMENT

We remember and honor
the Indigenous people of the world,
especially the Monacan,
whose land that we now occupy
in this region which was once their home,
and was taken from them.

We give thanks for them
and express our gratitude
for their witness to living
in honorable and humble ways.

We remember
that the Earth does not belong to us;
rather, we belong to the Earth,
and that we belong to one human family.

May we learn from our past mistakes
and be instruments of justice and peace
for all.

THIS WEEK AT EMMANUEL

SUNDAY, MARCH 8

9am Lectionary Discussion Group
10:30am Holy Eucharist Rite II
5:30pm Centering Prayer (online)

MON

8:45am Morning Prayer

TUES

8:45am Morning Prayer
5:30pm Lectio Divina
7pm AA Meeting

WED

8:45am Morning Prayer
10-12 VPAS Café

THU

8:45am Morning Prayer
5:30pm Centering Prayer
(in church)
6:15pm Compline (New Meeting Time!)

FRIDAY Office Closed (every Friday)

7pm AA Meeting

SAT

10am AI-Anon

Next SUNDAY (MARCH 15)

10:30am Morning Prayer
11:45am Mission & Outreach Team Meeting
5:30pm Centering Prayer (online)

LEADERSHIP

Vestry Members: Mitzi W, Skip B, Elijah D, Teresa H,
Kethera M, Ginny W, Robert W, Dan L, Jim E,
John K (Treasurer)

SERVING IN TODAY'S LITURGY

Officiant	The Rev. Paul Weber
Organist	Florence Jowers
Welcomers	Teresa Hester
Altar Server	Sam Starcher
LEAs	Sally Hurme and Michel Harmon
Intercessor	Jim Roepke
Lectors	Jim Lott and Saul Herrera
Altar Guild	Carter Hopkins & Hunter Hopkins
A/V & Livestream	Lucy and Jeff Gaines
Coffee 'n' Cookies	

SERVING NEXT WEEK (MARCH 15)

Officiant
Welcomers
Intercessor
Lectors
Altar Guild
A/V & Livestream
Coffee 'n' Cookies

THE HOLY EUCHARIST: RITE II

THE BOOK OF COMMON PRAYER P. 355

PRELUDE

I Heard the Voice of Jesus Say • Gerald Near

The people stand for the Processional Hymn.

THE PROCESSIONAL HYMN

O love of God, how strong and true • **Hymnal 455**

THE PENITENTIAL ORDER

Bless the Lord who forgives all our sins;
His mercy endures for ever.

Jesus said. "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these."

Mark 12:29-31

The People kneel.

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we might delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

KYRIE ELEISON

David Hurd • S 86

Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e
e - le - i - son. Chri - ste e - le - i - son. Chri - ste e -
le - i - son. Chri - ste e - le - i - son. Ky - ri - e e - le - i - son.
Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

THE COLLECT OF THE DAY

The Lord be with you.

And also with you.

Let us pray.

ALMIGHTY God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The People are seated for the Lessons.

THE WORD OF GOD

THE FIRST LESSON

Exodus 17:1-7

TODA la comunidad israelita partió del desierto de Sin por etapas, según lo había ordenado el Señor. Acamparon en Refidín, pero no había allí agua para que bebieran, así que discutieron con Moisés. Danos agua para beber le exigieron. ¿Por qué discuten conmigo? se defendió Moisés. ¿Por qué provocan al Señor? Pero los israelitas Estaban sedientos, y murmuraron contra Moisés. ¿Para qué nos sacaste de Egipto? reclamaban. ¿Solo para matarnos de sed a nosotros, a nuestros hijos y a nuestro ganado? Clamó entonces Moisés al Señor y dijo: ¿Qué voy a hacer con este pueblo? ¿Solo falta que me maten a pedradas! Adelántate al pueblo le aconsejó el Señor y llévate contigo a algunos jefes de Israel, pero lleva también la vara con que golpeaste el Nilo. Ponte en marcha, que yo estaré esperándote junto a la roca que está en Horeb. Dale un golpe a la roca, y de ella brotará agua para que beba el pueblo. Así lo hizo Moisés, a la vista de los jefes de Israel. Además, a ese lugar lo llamó Masá, y también Meribá, porque los israelitas habían probado al Señor y altercado con él, al decir: ¿Está o no está el Señor entre nosotros?

The Word of the Lord.

Thanks be to God.

ENGLISH TRANSLATION

Exodus 17:1-7

FROM the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

PSALM 95 *Sung by all.*

1. Come, let us sing to the
Lord; — let us shout for joy to the Rock of our sal -
— and raise a loud shout to him with psalms. — 3. For the
va - tion. — 2. Let us come be - fore his pres - ence with thanks - giv - ing —
Lord is a great God, — and a great King a - bove all
gods. — 4. In his hand are the cav - erns of the earth, —
— and the heights of the hills are his al - so. — 5. The
sea is his, for he made it, — and his hands have
mold - ed the dry land. — 6. Come, let us bow down, and bend the
knee, — and kneel be - fore the Lord our Ma - ker. — 7. For
he is our God, — and we are the peo - ple of his
pas - ture — and the sheep of his hand. —

SINCE we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.
Thanks be to God.

The People stand for the Sequence Hymn and remain standing for the Gospel.

SEQUENCE HYMN

I heard the voice of Jesus say • **Hymnal 692**

THE GOSPEL

John 4:5-42

The Holy Gospel of our Lord Jesus Christ according to John.
Glory to you, Lord Christ.

JESUS came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.
Praise to you, Lord Christ.

The People are seated.

THE SERMON

The Rev. Paul Weber

THE NICENE CREED

WE believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. **We** believe in one holy catholic and apostolic Church. **We** acknowledge one baptism for the forgiveness of sins. **We** look for the resurrection of the dead, and the life of the world to come. **Amen.**

THE PRAYERS OF THE PEOPLE

During the prayers, this response, or an alternative may be used:

Lord, in your mercy,
Hear our prayer.

The prayers conclude with the following words:

Source of all life

and giver of all that is good, hear our prayers

and grant us all that is in accordance with your will; through Jesus Christ our Lord. Amen.

The People stand or kneel.

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

As now, as our Savior Christ has taught us, we are bold to say,

THE LORD'S PRAYER

OUR Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF BREAD AND FRACTION ANTHEM

David Hurd (b. 1950) • Hymnal S 161

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

COMMUNION HYMN

Now quit your care • Hymnal 145

THE POST COMMUNION PRAYER *Said by all, standing*

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with the spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

RECESSIONAL HYMN

Awake, thou Spirit of the watchmen • Hymnal 540

DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.

POSTLUDE

Bless Now, O God, the Journey • Walter Pelz

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A PRAYER FOR OUR RECTOR SEARCH PROCESS

Holy Spirit, you search us and know us more deeply than we know ourselves.

All our thoughts, hopes, and fears lie open before you.

Quiet our hearts, and free us from opinions, preferences, and perceptions
that bind, divide, or limit our vision.

Release us from nostalgia for what has been and from fear of what may yet be.

Turn our hearts toward your mission and toward the future you are
calling our parish to embrace.

In our discernment, help us seek not simply a leader for ourselves, but the shepherd
you have already chosen -- one who will proclaim your truth with humility,

shepherd your people with love, and guide this parish
in faith, hope, and unity.

We ask this through Jesus Christ our Lord. Amen.

Written by Rector Search Committee, January 2026

FOR OUR PRAYERS:

Blount & Baird	Betty	Mary
Wayne & Wendy	Jeff	Linda
Jim & Janet	Ruth	Diane
Nancy	Fabian	Neal
Lee	Paula	Carter
Webster	Bill C	Trace
Libby	Jeff J	Joseph C
Charlie	Dan	

Departed: Jane Sigloh

ABOUT THESE PRAYERS:

The names included here are those for whom prayer has been requested by a church member or someone close to that person.

In addition to this *Public Prayer List*, Emmanuel also maintains a *Private Prayer List*. Our prayer team prays on the 1st and 3rd Sundays of the month for those on the Private Prayer List.

We invite you to add yourself or members of your immediate family/friendship circle to either the Public or Private Prayer lists by notifying us in the Church Office by email at: office@emmanuelstaunton.org or by telephoning us at 540-886-8172.

DIOCESAN CYCLE OF PRAYERS:

For the people of Trinity, Rocky Mount.

For Bishop-Elect Karin MacPhail

Our companion Anglican / Episcopal Dioceses of:
-Leeds (Church of England), and its Bishop, Toby +
-The Diocese of Haiti

CELEBRATIONS:

Birthdays: Ann Gross



It's time to order

Easter Lilies

Easter lilies to adorn the Sanctuary on Easter Sunday, April 5 may be purchased for \$15 each. These may be given in honor or in memory of someone. Orders must be received no later than Monday, March 30. Please fill out the form located at the back of the church and return it to an usher or the church office with your enclosed payment.



EASTER HUNT & FLOWERS

We will hold our traditional children's Easter Hunt immediately after our church service. Please contribute by bringing individually wrapped candy, filled eggs, and other treats such as pencils, flower seeds, etc. Place your goodies in the big basket under the table near the office by noon, Friday, April 3. Remind your children to bring their baskets to church on Easter morning.

Remember to bring your flowers for the cross. Emmanuel always creates an inspiring cross with our abundance of beautiful blooms.

Spring Mission Trip to Grace House

We would like to invite you to come with us to Grace House on the Mountain. As you may know Grace House on the Mountain is a mission of the Episcopal Church. You've probably heard us talk about building wheelchair ramps on previous trips. However, Grace House offers much more than that, so we would like to expand the number of people making a trip.



We have reserved the facilities at Grace House from Tuesday, **April 7** through **Sunday, April 12** to accommodate as many schedules as possible. Stay for the week, the weekend, a few days, or just overnight. You're welcome to come for any length of time that works for you. Contact Jim Echols for more information, jeechols@verizon.net

Invitation to Participate in Active Shooter Training

We all hope that we will never be involved in an active shooter situation. Unfortunately, hope is not a preventative. We have seen this happen too many places.

The Staunton Police Department has agreed to provide us with this training on Sunday, March 22 immediately after the worship service that day. All ushers and people in leadership roles are encouraged to participate. Anyone else who wants to receive the training is more than welcome to participate.

There are specific things you and those around you can do if you are ever in the situation where you have to face an active shooter. The actions can be used here at church, at work, in the store, on a campout or anywhere else. Simple steps that we can all learn can save many lives, so we encourage people to take advantage of this training.

Donations Needed for the Blessing Box

Hi, friends! As you buy your weekly groceries, please remember our Blessing Box, which is running low, low, low on food. That outdoor free food box really meets a need that low income and homeless people use every day, all day long. So, when you do your shopping, please consider picking up a couple extra cans (with pull off lids) or boxes of healthy ready-to-eat food. Our collection box is near the front door of the sanctuary.

