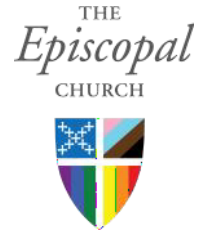




Emmanuel
EPISCOPAL CHURCH
STAUNTON VA



A SERVICE OF MORNING PRAYER

THE BOOK OF COMMON PRAYER 1979

THE EIGHTH SUNDAY AFTER PENTECOST

July 19, 2026
10:30am

bringing **People&God** together
SPIRITUAL • INCLUSIVE • ENGAGED • COMPASSIONATE

WELCOME - BIENVENIDO to Emmanuel Episcopal Church

Whether you're new here, visiting us for the first time,
or the first time in a long time, **you are welcome here.**



LAND ACKNOWLEDGEMENT

We remember and honor
the Indigenous people of the world,
especially the Monacan,
whose land that we now occupy
in this region which was once their home,
and was taken from them.

We give thanks for them
and express our gratitude
for their witness to living
in honorable and humble ways.

We remember
that the Earth does not belong to us;
rather, we belong to the Earth,
and that we belong to one human family.

May we learn from our past mistakes
and be instruments of justice and peace
for all.

THIS WEEK AT EMMANUEL

July 19—THE EIGHTH SUNDAY AFTER PENTECOST

	9am Lectionary Discussion Group
	10:30am Morning Prayer
	5:30pm Centering Prayer (online)
MON	Office Open 10am-12:30pm, 1:30pm-4pm 8:45am Morning Prayer
TUES	Office Open 10am-12:30pm, 1:30pm-4pm 8:45am Morning Prayer 5:30pm Lectio Divina 7pm AA Meeting
WED	Office Open 10am-12:30pm, 1:30pm-4pm 8:45am Morning Prayer 10-12 VPAS Café
THU	Office Open 10am-12:30pm, 1:30pm-4pm 8:45am Morning Prayer 5:30pm Centering Prayer (in church)
FRIDAY	Office Closed (every Friday) 7pm AA Meeting
SAT	10am Al-Anon Meeting

Next SUNDAY (JULY 26, NINTH SUNDAY AFTER PENTECOST)

10:30am Holy Eucharist Rite II
5:30pm Centering Prayer (online)

LEADERSHIP

Vestry Members: Mitzi W, Skip B, Elijah D, Kethera M,
Ginny W, Robert W, Dan L, Jim E, Barbara D
John K (Treasurer)

SERVING IN TODAY'S LITURGY

Officiant	Jim Lott
Preacher	Bonnie Dawson
Pianist	Flint Dollar
Welcomers	Larry and Barbara Damico
Lector	Laura Barnett
Intercessor	Pearl Estrada
Altar Guild	Bonnie Starcher & Mary Jane Joyce

SERVING NEXT WEEK (JUNE 21)

Officiant	The Rev. Paul Weber
Pianist	Florence Jowers
Welcomers	Rick Marks
Lector	Jim Lott
Spanish Gospel	David Greiner
Intercessor	PLEASE SIGN UP
Altar Server	PLEASE SIGN UP
LEM's	Mitzi White and Kethera Moore
Altar Guild	Bonnie Starcher & Mary Jane Joyce
Coffee & Cookies Host	PLEASE SIGN UP



Help make church
happen! Sign up using



A Service of Morning Prayer

The Book of Common Prayer P. 75

The congregation is invited to respond with the words in **bold type**.

PRELUDE

WELCOME

THE WORD OF GOD

PROCESSIONAL HYMN We STAND

Come, gracious Spirit, heavenly dove • Hymnal 512

1 Come, gra - cious Spi - rit, heaven - ly Dove, with light and
2 The light of truth to us dis - play, and make us
3 Lead us to Christ, the liv - ing Way, nor let us
4 Lead us to heaven, that we may share full - ness of

com - fort from a - bove; be thou our guard - ian,
know and choose thy way; plant ho - ly fear in
from his pre - cepts stray; lead us to ho - li -
joy for ev - er there; lead us to God, our

thou our guide; o'er ev - ery thought and step pre - side.
ev - ery heart, that we from thee may ne'er de - part.
ness, the road that we must take to dwell with God.
fin - al rest, to be with him for ev - er blest.

OPENING SENTENCES OF SCRIPTURE

Blessed be God: Father, Son, and Holy Spirit.

And blessed be his kingdom, now and forever. Amen.

On this day the Lord has acted; we will rejoice and be glad in it. *Psalm 118:24*

CONFESSION OF SIN

Let us confess our sins against God and our neighbor.

Silence may be kept.

The Officiant and People say together.

MOST merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Officiant says:

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

INVITATORY

All stand.

Officiant: Lord, open our lips.

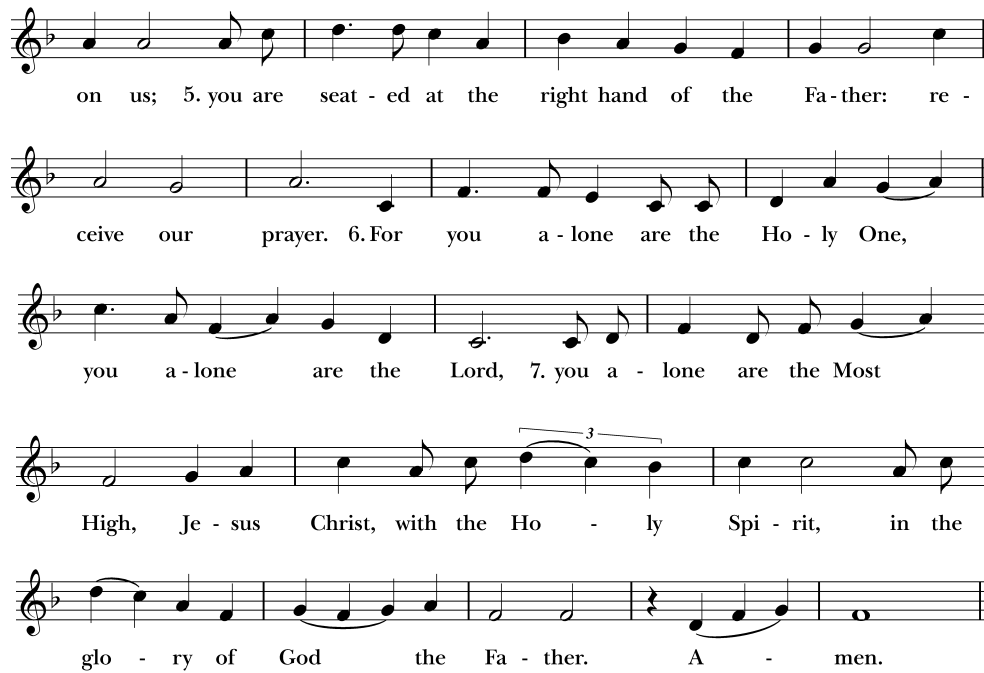
People: And our mouth shall proclaim your praise.

Officiant and People.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will forever be. Amen. Alleluia.

GLORIA S 280

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - might - y God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy



THE PSALM *Spoken by all.*

Psalm 86:11-17

- Teach me your way, O Lord,
and I will walk in your truth; *
knit my heart to you that I may fear your Name.
- 12 I will thank you, O Lord my God, with all my heart, *
and glorify your Name for evermore.
- 13 For great is your love toward me; *
you have delivered me from the nethermost Pit.
- 14 The arrogant rise up against me, O God,
and a band of violent men seeks my life; *
they have not set you before their eyes.
- 15 But you, O Lord, are gracious and full of compassion, *
slow to anger, and full of kindness and truth.
- 16 Turn to me and have mercy upon me; *
give your strength to your servant;
and save the child of your handmaid.
- 17 Show me a sign of your favor,
so that those who hate me may see it and be ashamed; *
because you, O Lord, have helped me and comforted me.

FIRST READING *We SIT*

Isaiah 44:6-8

Thus says the Lord, the King of Israel,
and his Redeemer, the Lord of hosts:
I am the first and I am the last;
besides me there is no god.
Who is like me? Let them proclaim it,
let them declare and set it forth before me.
Who has announced from of old the things to come?
Let them tell us what is yet to be.

Do not fear, or be afraid;
 have I not told you from of old and declared it?
 You are my witnesses!
 Is there any god besides me?
 There is no other rock; I know not one.

For the word of the Lord,
Thanks be to God.

NEW TESTAMENT CANTICLE We STAND

Blest Be the God of Israel

1. Blessed be the God of Is - ra - el, who comes to set us free
 2. With prom - ised mer - cy will God still the cov - e - nant re - call,
 3. My child, as proph - et of the Lord, you will pre - pare the way,

and rais - es up new hope for us: a Branch from Da - vid's tree.
 and the oath once sworn to A - bra - ham, from foes to save us all,
 to tell God's peo - ple they are saved from sin's e - ter - nal sway.

So have the proph - ets long de - clared that with a might - y arm
 that we might wor - ship with - out fear and of - fer lives of praise,
 Then shall God's mer - cy from on high shine forth and nev - er cease

God would turn back our en - e - mies and all who wish us harm.
 in ho - li - ness and right - eous - ness to serve God all our days.
 to drive a - way the gloom of death and lead us in - to peace.

THE SECOND READING

Romans 8:12-25

Brothers and sisters, we are debtors, not to the flesh, to live according to the flesh-- for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

For the word of the Lord,
Thanks be to God.

THE GOSPEL

Matthew 15: (10-20), 21-28

The Holy Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, Lord Christ.

Jesus called the crowd to him and said to them, "Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles." Then the disciples approached and said to him, "Do you know that the Pharisees took offense when they heard what you said?" He answered, "Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit." But Peter said to him, "Explain this parable to us." Then he said, "Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile."

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

The Gospel of the Lord.
Praise to you, Lord Christ.

THE SERMON

Bonnie Dawson

THE APOSTLES CREED

Officiant and People together, all standing.

I BELIEVE in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

THE PEACE

The peace of the Lord be always with you.
And also with you.

The People greet one another in the name of the Lord and then are seated.

ANNOUNCEMENTS

OFFERTORY HYMN

My faith looks up to thee • Hymnal 691

1 My faith looks up to thee, thou Lamb of Cal - va - ry,
2 May thy rich grace im - part strength to my faint - ing heart,
3 While life's dark maze I tread, and griefs a - round me spread,

Sa - vior di - vine! Now hear me while I pray, take all my
my zeal in - spire; as thou hast died for me, O may my
be thou my guide; bid dark - ness turn to day; wipe sor - row's

guilt a - way; O let me from this day be whol - ly thine.
love to thee pure, warm, and change - less be, a liv - ing fire.
tears a - way, nor let me ev - er stray from thee a - side.

THE PRAYERS

The People stand or kneel.

Officiant: The Lord be with you.

People: And also with you.

Officiant: Let us pray.

Officiant and People.

THE LORD'S PRAYER

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

V. Show us your mercy, O Lord;
R. And grant us your salvation.
 V. Clothe your ministers with righteousness;
R. Let your people sing with joy.
 V. Give peace, O Lord, in all the world;
R. For only in you can we live in safety.
 V. Lord, keep this nation under your care;
R. And guide us in the way of justice and truth.
 V. Let your way be known upon earth;
R. Your saving health among all nations.
 V. Let not the needy, O Lord, be forgotten;
R. Nor the hope of the poor be taken away.
 V. Create in us clean hearts, O God;
R. And sustain us with your Holy Spirit.

THE COLLECT OF THE DAY

KEEP, O Lord, your household the Church in your steadfast faith and love, that through your grace we may proclaim your truth with boldness, and minister your justice with compassion; for the sake of our Savior Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

A COLLECT FOR SUNDAYS

O GOD, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. **Amen.**

A COLLECT FOR PEACE

O GOD, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

A COLLECT FOR GUIDANCE

HEAVENLY Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. **Amen.**

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near; Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. **Amen.**

PRAYERS OF INTERCESSION

During the prayers this response may be used.

Lord in your mercy,
Hear our prayer.

The prayers conclude with the following words:

Source of all life

And giver of all that is good, hear our prayers

And grant us all that is in accordance with your will; through Jesus Christ our Lord. Amen.

THE GENERAL THANKSGIVING

ALMIGHTY God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

PRAYER OF ST. CHRYSOSTOM

Officiant and People.

ALMIGHTY God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

BLESSING

RECESSIONAL HYMN

Be thou my vision, O Lord of my heart • Hymnal 488

The image shows the musical notation for the Recessional Hymn 'Be thou my vision, O Lord of my heart'. It consists of two staves of music in G major (one sharp) and 4/4 time. The melody is simple and hymn-like. Below the first staff, there are three lines of lyrics corresponding to different verses. Below the second staff, there are three lines of lyrics corresponding to different verses. The lyrics are as follows:

1 Be thou my vi - sion, O Lord of my heart;
2 Be thou my wis - dom, and thou my true word;
3 High King of hea - ven, when vic - tory is won,

all else be nought to me, save that thou art—
I ev - er with thee and thou with me, Lord;
may I reach hea - ven's joys, bright hea - ven's Sun!



DISMISSAL

Let us go forth in the name of Christ.
People: Thanks be to God.

POSTLUDE

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FOR OUR PRAYERS:

Blount & Baird	Mary	Jeff
Wendy	Linda	Ruth
Diane	Nancy	Fabian
Neal	Lee	Paula
Carter	Bill C	Trace
Libby	Joseph C	Charlie
Dan	Jim and Janet	Joann
Breiley	Charles D	Cayla F
Teddy and Elliot	Monica and her infant son	

Departed: Jane Manning, Doug Roller, and Wayne Gibson

ABOUT THESE PRAYERS

The names included here are those for whom prayer has been requested by a church member or someone close to that person. In addition to this *Public Prayer List*, our prayer team prays on the 1st and 3rd Sundays of the month for those on the *Private Prayer List*. We invite you to add yourself or members of your immediate family/ friendship circle to either of the prayer lists by notifying the Church Office by email at

office@emmanuelstaunton.org.

Please let the office know if you or a family member/ friend is hospitalized and/or in need of a pastoral call or visit. We have no other way of knowing of such pastoral needs. Please never assume we just, somehow, know!

Diocesan Cycle of Prayers:

For the Bishop's Visitation to Grace Memorial, Lynchburg.

Our companion Anglican / Episcopal Dioceses of:
 -Leeds (Church of England), and its Bishop, Toby+
 -The Diocese of Haiti

Celebrations

Birthdays: Jill Martin

Anniversaries: Jim Strock and Becky Maxwell

Choir Practice Starts August 23

Emmanuel needs singers! The first choir practice of the fall is August 23. If you are not currently a part of the choir but want to join, talk to a choir member or the Organist/Choir Director Florence Jowers. Florence can be reached at jowersf@gmail.com. Rehearsals are on Sunday morning at 9 a.m.



NEW! Parish Life Committee

Do you love hospitality, fellowship, and bringing people together? We're forming a new Parish Life Committee to help nurture our church community. Please join us for a kickoff meeting on Sunday, July 26th, right after the service in the Smith Room. Grab a coffee and come share your ideas and help us plan some wonderful fellowship for our church family. We'd love to have your voice and your heart on this new team!



If you'd like to be a part of the Parish Life Committee but can't come to the meeting, please email me at bcdamico@gmail.com

--Barbara Damico

Brunch Church Volunteers Needed in September

Every other first Sunday of the month, we have Brunch Church which is an informal service with food and fellowship as part of the church service. It started with our last rector, Jonathan, and continues because we like it so much! To make it work, though, we need 3 groups -- one for set-up, one for food, and one for clean-up. The 3-person food group coordinates to make sure we have a variety of options in the quantity needed, including a gluten-free offering. Reimbursement of cost from the church is available. Go to SignUp Genius to volunteer for a slot! For more information, contact Elaine Echols at elaine.k.echols@gmail.com.

